

**NOTRE DAME SEMINARY
GRADUATE SCHOOL OF THEOLOGY
YEARLY FORMATION PLAN – PRE-THEOLOGIAN**

Seminarian Name: _____	Class: _____
Date of Birth: _____	Diocese: _____
Formation Advisor: _____	Vocation Director: _____
Spiritual Director: _____	Bishop: _____
Degree Sought: _____	Pastoral Assignment: _____
Cumulative GPA: _____	Community Responsibility: _____

- I. Assessment of Your Current Situation in Life
 - a. Motivation for Entering Priestly Formation Program
 - b. Status of Parents and Siblings; Impact on your Status as a Seminarian
 - c. Brief Review of the Summer
 - d. Relationship with Home Parish
 - e. Health Status (report all conditions, medications, physical limitations)

- II. Describe the Status of Your Discernment
 - a. Identify Areas of Strength
 - b. Identify Areas of Concern/Challenge
 - c. Describe Where You Would Like to be in Your Discernment by Year's End

- III. Human Formation: Goals and Objectives
 - a. Human qualities of truthfulness, respect for others, justice, humility, integrity, affability, generosity, kindness, courtesy, integrity, and prudence
 - b. The capacity to relate to others in a positive manner and the ability to get along with others and work with them in the community
 - c. Self-knowledge, self-discipline, self-mastery, emotional self-control
 - d. Good physical and mental health
 - e. Balanced lifestyle, prudence in making good judgments
 - f. Affective maturity and healthy psychosexual development; clarity of male sexual identity; ability to establish and maintain wholesome friendships; capacity to maintain appropriate boundaries in relationships
 - g. Skills for leadership; collaboration with women and men
 - h. Capacity to receive and integrate constructive criticism
 - i. Simplicity of life; stewardship of resources; responsibility with finances
 - j. Temperance with material goods; use of alcohol
 - k. Use of recreation time; time management
 - l. Mature respect for and cooperation with authority
 - m. Engagement with the community; description of friendships

IV. Spiritual Formation: Goals and Objectives

There should be accountability in the external forum for seminarians' participation in spiritual exercises of the seminary and their growth as men of faith. Within the parameters of the external forum, habits of prayer and personal piety are also areas of accountability (PPF 280b).

- a. Commitment to a life of prayer and the ability to assist others in their spiritual growth
- b. Abiding love for the sacramental life of the Church, especially the Eucharist and Penance; specific discipline of devotion to the Eucharist
- c. A loving knowledge of the Word of God and prayerful familiarity with that Word
- d. Appreciation of and commitment to the Liturgy of the Hours
- e. Fidelity to the liturgical and spiritual program of the seminary, including daily celebration of the Eucharist
- f. Fidelity to regular spiritual direction and regular celebration of the Sacrament of Penance and a habit of spiritual reading
- g. A positive embrace of a lifelong commitment to chaste celibacy, obedience, and simplicity of life
- h. A love for Jesus Christ and the Church, for the Blessed Virgin Mary, and the saints
- i. A spirit of self-giving charity toward others
- j. Cultivation of diocesan priestly spirituality with appropriate ecclesial expression
- k. Developing the identity of spiritual fatherhood

V. Intellectual Formation: Goals and Objectives

- a. Love for truth as discovered by faith and reason
- b. Fidelity to the Word of God and to the Magisterium
- c. Knowledge of Catholic doctrine and adherence to it
- d. Interest and diligence in seminary studies
- e. Successful completion of seminary academic requirements
- f. Ability to exercise the ministry of the Word: to proclaim, explain and defend the faith
- g. Use of scholarly resources for personal development outside of the classroom
- h. Familiarity with the Catechism of the Catholic Church, the Magisterium of the Second Vatican Council, and the Magisterium of Holy Father
- i. Knowledge of the *sign of the times*; current events, diocesan newspaper, familiarity with the diocesan bishop's teaching
- j. Intellectual skills to be a renaissance man
- k. Cultivating academic skills for the study of theology

- VI. Pastoral Formation: Goals and Objectives
 - a. A missionary spirit, understanding and zeal for the new evangelization, understanding of culture and society
 - b. A spirit of pastoral charity, a quest for justice, and an openness to serve all people
 - c. A special love for and commitment to the sick and suffering, the poor and marginalized, prisoners, immigrants, and refugees
 - d. Ecumenical and inter-religious commitment
 - e. Appropriation for pastoral and administrative skills and competencies for ministry
 - f. Ability to carry out pastoral work collaboratively; appreciation for the different charisms and vocations in the Church
 - g. Ability to minister in a multicultural setting with people of different ethnic, racial, and religious backgrounds
 - h. Energy and zeal for pastoral ministry; completion of tasks and responsibilities

- VII. Specific Goals and Objectives Related to the Formation of a Chaste Priestly Celibacy

- VIII. Specific Goals and Objectives Related to the Formation of Priestly Obedience

**NOTRE DAME SEMINARY
GRADUATE SCHOOL OF THEOLOGY
YEARLY FORMATION PLAN – THEOLOGIAN I - III**

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Date of Birth: _____	Diocese: _____
Formation Advisor: _____	Vocation Director: _____
Spiritual Director: _____	Bishop: _____
Degree Sought: _____	Pastoral Assignment: _____
Cumulative GPA: _____	Community Responsibility: _____

- I. Assessment of Your Current Situation in Life
 - a. Status of Parents and Siblings; Impact on your Status as a Seminarian
 - b. Brief Review of the Summer/Recent Assignment if Applicable
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- VII. Specific Goals and Objectives Related to the Formation of a Chaste Priestly Celibacy

- VIII. Specific Goals and Objectives Related to the Formation of Priestly Obedience

- IX. Considering Your Formational Status, Describe Your Readiness/Hesitation with Your Reception of the Ministry of Lector, Ministry of Acolyte, Admission to Candidacy, Ordination to the Diaconate, Ordination to the Priesthood