



# Notre Dame Seminary

## Attestation of Applicant's Compliance with the Thresholds and Benchmarks of Propaedeutic Formation

Applicant's Name: \_\_\_\_\_

Diocese: \_\_\_\_\_

*Please initial each statement, indicating that you attest that the applicant has achieved the respective benchmarks of formation, according to the PPF (6<sup>th</sup> ed.):*

\_\_\_\_\_ Applicant has completed a previous program of formation, (i.e. Propaedeutic Formation in another seminary or diocese, time spent as a Focus Missionary, time spent in a House of Formation in a diocese)

*Formation Program Attended:* \_\_\_\_\_

\_\_\_\_\_ Applicant possesses the *right intention* in presenting himself for admission to a priestly formation program, i.e. according to the Church's understanding

### **Human Thresholds and Benchmarks (PPF, 6<sup>th</sup> ed.):**

\_\_\_\_\_ Applicant is free from serious pathologies that would limit normal human interaction; does not need extensive therapeutic or remedial work to be fully functioning; possesses a psychosexual maturity commensurate with chronological age; possesses a genuine empathy that enables him to connect well and personally with others; demonstrates an ability to initiate and sustain friendships; demonstrates a capacity for growth and conversion as well as a deep desire to be a man for others in the likeness of Christ. As required for entrance into the Discipleship Stage, the applicant has been able to reflect on his personal history (e.g., family of origin, use of technology, personal habits) and his needed areas of growth; demonstrates the requisite relational skills (e.g., capacity for healthy and deep friendships, basic social skills and good manners, flexibility, adaptability, a basic capacity for empathy); demonstrates the requisite level of self-discipline (e.g., capacity for hard work, awareness of the appropriate use of time, basic self-control); demonstrates the requisite trust in formation (e.g., openness to correction, awareness of the importance of transparency in formation, growing sense of accountability); demonstrates the requisite healthy habits of self-care (e.g., beginning an exercise regimen, good personal hygiene, beginning to address any healthy concerns or unhealthy habits).

Additional Comments/Concerns: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Spiritual Thresholds and Benchmarks (PPF, 6<sup>th</sup> ed.):**

\_\_\_\_\_ Applicant is a person who prays regularly; is active in parish life, participates in the Sunday Eucharist and regularly receives the Sacrament of Penance; is drawn to explore and deepen his spiritual life and share it with others. For entrance into the Discipleship Stage, the applicant demonstrates the requisite growth in prayer and the spiritual life (e.g., elementary discipline in public and private prayer, interest in and attention to spiritual direction, understanding of the importance of silence, and a growing habit of silence); demonstrates the requisite growth in an understanding of the celibate life (e.g., ability to articulate the Church’s understanding of the promise of celibacy and the spiritual motivation for celibacy, growth in the virtue of chastity, and growth in the habit of healthy solitude); demonstrates the requisite growth in the understanding of the priestly vocation; demonstrates the requisite growth in the ability to articulate a relationship with Jesus Christ; demonstrates the requisite growth in reading and meditating on Sacred Scripture.

Additional Comments/Concerns: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Intellectual Thresholds and Benchmarks (PPF, 6<sup>th</sup> ed.):**

\_\_\_\_\_ Applicant possesses the proven capacities for critical thinking; demonstrates the ability to understand both abstract and practical questions; is capable of understanding other persons and communicating effectively in both oral and written forms. For entrance into the Discipleship Stage, the applicant demonstrates the requisite initial understanding of Christian doctrine and anthropology; demonstrates the requisite initial familiarity of the Bible and its various parts; demonstrates the requisite basic habits of study, signs of intellectual curiosity, and love of learning; demonstrates the requisite level of general education.

Additional Comments/Concerns: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Pastoral Thresholds and Benchmarks (PPF, 6<sup>th</sup> ed.):**

\_\_\_\_\_ Applicant possesses a fundamental sense of the Church’s mission and a generous willingness and enthusiasm to promote it; has a sensitivity to the needs of others and a desire to respond to them; demonstrates a willingness to initiate action for the good of individuals and Communities. For entrance into the Discipleship Stage, the applicant demonstrates the requisite awareness of the pastoral situation of the local community or ecclesial entity; demonstrates the requisite awareness of the multicultural reality of the Church in the United States and the nature of the Universal Church; demonstrates the requisite genuine concern for others, spirit of generosity, and developing habit of self-donation.

Additional Comments/Concerns: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*“I attest that the applicant has met the above-mentioned benchmarks and thresholds for entrance into the Discipleship Stage as outlined in the PPF, 6<sup>th</sup> ed.”*

\_\_\_\_\_  
Signature of Bishop or Vocation Director

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name of Bishop or Vocation Director